



# GLUTATHIONE SHOT

## Questions & Answers

### WHAT IS GLUTATHIONE?

Pronounced “gloota-thigh-own”, it is a simple molecule that is produced naturally in your body. It is a combination of three simple building blocks of protein or amino acids – cysteine, glycine, and glutamine.

It is the most important molecule you need to stay healthy and prevent aging, cancer, heart disease, dementia and more!

The SECRET of its power is the sulfur (SH) chemical groups it contains which is a sticky, smelly molecule that acts like a magnet for all free radicals and toxins like mercury and heavy metals to stick to and get destroyed. When your body has too much toxins, you may not have enough Glutathione to help the process.

### HOW IS IT PRODUCED?

It is produced naturally by the liver, but can also be found in fruits, vegetables, and meats. As a person gets older, the ability to produce naturally decreases.

### HOW DOES IT WORK?

Glutathione is involved in many processes in the body, including tissue building and repair, making chemicals and proteins needed in the body, and for the immune system.

### WHY DO PEOPLE TAKE GLUTATHIONE?

- For its antioxidant power
- To detoxify
- To help protect themselves from cancer
- Boost immune system
- Anti-aging
- Helps keep liver and kidney’s healthy
- And many other great benefits

### WHY SHOULD I CONSIDER GLUTATHIONE? CAN I TAKE IT WITH OTHER VITAMIN SHOTS? WILL IT REACT WITH ANY PRESCRIPTION OR NON-PRESCRIPTION DRUGS?

Toxins from poor diet, pollution, medications, stress, trauma, aging, infections, and radiation all deplete your glutathione. This leaves you susceptible to unrestrained cell disintegration from oxidative stress, free radicals, infections and cancer. And your liver gets overloaded and damaged, making it unable to do its job of detoxification. Glutathione can be taken with other vitamin shots. It will NOT react with prescriptions or non-prescription drugs.

### ANY SIDE EFFECTS? HOW OFTEN CAN I GET AN INJECTION?

Since Glutathione is naturally produced by the body, there are no side effects. Pregnant women or if you think you are expecting are asked to get written approval from your doctor for precaution. Glutathione injections can be taken as often as once a week due to the body’s constant need for high dosages of antioxidants on a daily basis to fight free radicals, but even if you receive once-a-month, your body will reap the benefits.

